

Abbeydale Tennis Club's Junior Holiday Camp This February Half Term



Mini Red & Mini Orange Tennis Pro Camp

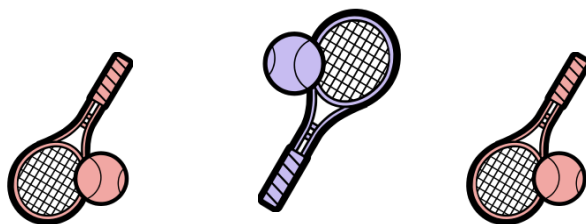
Tuesday 21st February 12-3pm

Full Ball and Mini Green Tennis Pro Camp

Thursday 23rd February 12-3pm

- Improve your technique, fitness & footwork and learn lots of new tactics.
- Get an introduction to mental skills training to increase your confidence, keep you positive & calm any nerves.
- Play lots of matches with your coach on court with you, giving you tips and advice between points.
- Fastest serve competition & hitting targets !!!

**10% off for
Junior
Indoor
Members**



0114 2361938
www.abbeydaletennisclub.com

**£25.00
per day**